

# Why ARE SO MANY OF OUR NEIGHBORS HUNGRY?

## Low Wages and Unemployment

Many jobs that paid workers well enough to feed their families have disappeared from our region. Lower-wage service jobs have taken their place. Meanwhile, unemployment remains a serious problem; the jobless rate in many of the areas we serve exceeds the state average.

## Poverty

Approximately 65% of people served by the Central Pennsylvania Food Bank live below the federal poverty level.

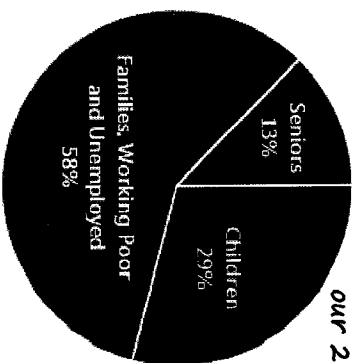
## Lack of Opportunities

People living in areas without full service grocery stores have a harder time finding healthy (and affordable) foods.

Students in poorer schools are less likely to graduate or go to college, limiting their options for employment.

People in rural areas who lack access to computers or the internet are at a disadvantage when seeking information about jobs or human services that can help them improve their lives.

**You may be surprised to learn who is served by the Central Pennsylvania Food Bank in our 27 county region!**



**In central Pennsylvania roughly 1 in 7 people don't know where their next meal is coming from.**

# How THE CENTRAL PENNSYLVANIA FOOD BANK HELPS

**Collects Food** from regional and local manufacturers, wholesalers, retailers, farmers, and other food-related companies.

**Participates** in public food programs in central Pennsylvania.

**Member of Feeding America**, the nation's leading domestic hunger-relief organization.

**Distributes Food** that reaches your neighbors through our member agencies: smaller partner food banks, soup kitchens, daycare centers, and school districts.

**Raises Awareness** and mobilizes our region to take action to fight hunger through education programs and collaborations with other organizations.

## Several FOOD BANK PROGRAMS SERVE

### Food Security Network

Each week you help serve more than 65,000 central Pennsylvanians struggling with hunger in 27 counties.

### Fresh Express Program

Our mobile pantry program distributes fresh produce and other nutritious food to over 16,000 individuals at least once per month.

### ElderShare Program

We provide more than 74,000 boxes of food annually to seniors living in poverty. Thirty pound boxes are distributed monthly and assist seniors to divert their scant financial resources towards medications, rent, utilities, etc.

### MilitaryShare Program

A mobile distribution designed to provide fresh, nutritious foods for families with at least one member who has served, or is serving, in the armed forces.

### SNAP Outreach Program

We operate a Food Stamp Helpline and provide outreach to assist individuals with the application and qualification process. SNAP is a federally funded program that helps eligible individuals purchase nutritious and healthy food.



### KidsCafe®

We serve more than 30,000 low-income children through this after-school meal program that also provides assistance with homework.

### BackPack & School Pantry Program

More than 25,000 children receive nutritious, kid-friendly food for their use over the weekends, school breaks and holidays – the times when they are the most vulnerable for hunger.

