Welcome!
240,000 Senior Corps Volunteers
28,100 Service Locations
74.6 Million Hours Served
<table>
<thead>
<tr>
<th>Characteristic</th>
<th>RSVP</th>
<th>FGP &amp; SCP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Targeting</td>
<td>Entire community</td>
<td>Individuals below 200% of poverty line</td>
</tr>
<tr>
<td>Eligibility</td>
<td>55+</td>
<td>55+, income (for stipend),</td>
</tr>
<tr>
<td>Stipends</td>
<td>None</td>
<td>$2.65/hr. (for eligible volunteers)</td>
</tr>
<tr>
<td>Activities</td>
<td>Based on community need</td>
<td>One-on-one relationships with children (FGP) or older adults in need (SCP)</td>
</tr>
<tr>
<td>Weekly Commitment</td>
<td>Flexible</td>
<td>Min: 15 hrs./wk</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Max: 40 hrs./wk</td>
</tr>
<tr>
<td>Training</td>
<td>No requirements</td>
<td>20 hrs. orientation + 40 hours annually</td>
</tr>
<tr>
<td>Balance between support &amp;</td>
<td>Program discretion</td>
<td>Amount equal to 80% of fed. funds must be spent on volunteer costs (stipends, recognition, reimbursements)</td>
</tr>
<tr>
<td>volunteer expenses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Competition</td>
<td>All grants re-competeted periodically</td>
<td>Competitions for open service areas</td>
</tr>
</tbody>
</table>
6
Average Years of Service for FGP/SCP Volunteer

8
Average Years of Service for RSVP Volunteers

73
Average Age of Senior Corps Volunteers
2018 Health Benefits Longitudinal Study

• 70% of those who reported five or more symptoms of depression at baseline and stayed in the programs reported fewer symptoms at follow-up.

• 63% of volunteers who reported at baseline that they ‘often’ felt alone, at follow up reported decreases in feelings of isolation.

• About 67% of volunteers at baseline who reported they ‘often’ lacked companionship now reported that they lacked companionship ‘some of the time’ or ‘hardly ever or never’.
Community Impact: CNCS Focus Areas

- Economic Opportunity
- Education
- Environmental Stewardship
- Healthy Futures
- Veterans and Military Families
- Disaster Services
In 2015, Senior Corps Foster Grandparent and RSVP volunteers tutored and mentored 267,000 children.
In 2015, Senior Corps RSVP and Senior Companion volunteers provided independent living services to 840,000 frail older adults.
Each year, Senior Corps and AmeriCorps members assist 750,000 veterans & military family members through:

- employment services
- benefits counseling
- transportation
- housing support

NationalService.gov/Veterans
SENIOR CORPS IN PENNSYLVANIA

11,000 Senior Corps volunteers
3,900 young people tutored by Foster Grandparents
1,500 homebound seniors helped by Senior Companions
1,300 local organizations benefit from RSVP volunteers
Foster Grandparent Program
PA Service Area

2016 Pennsylvania Statistics

3908 Clients
990 Volunteers
763,782 Volunteer Hours

Value of Service: $18,246,751†
Senior Companion Program
PA Service Area

2016 Pennsylvania Statistics

1534 Clients
496 Volunteers
383,528 Volunteer Hours

Value of Service: $9,162,484*
2016 Pennsylvania Statistics

36,135 Beneficiaries Served
8,496 Volunteers
740,063 Volunteer Hours

Value of Service: $17,680,105*
National Service Focus Areas

DISASTER RELIEF & PREPAREDNESS

Concerns the preparation, mitigation, response, and recovery efforts that relate to disaster events

- Red Cross Projects
- CPR Education Classes
- First Aid Classes
- Blood Services
- Educating Seniors on Disaster Preparedness
National Service Focus Areas

ECONOMIC OPPORTUNITY

Addresses unmet needs of economically disadvantaged individuals

Financial Literacy
Tax Counseling for the Elderly, Volunteer Income Tax Assistance, Budgeting

Housing Assistance
transitional housing, housing shelters, housing placement services

Employment Services
GED, adult literacy & ESL tutoring, job training, etc. e.g., Foster Grandparents
National Service Focus Areas

EDUCATION

Topics related to unmet educational needs within communities, especially those that help at-risk youth to achieve success in school and prevent them from dropping out

Outcomes Based – pre & post testing
Math & Reading Tutoring K-12

*e.g., Foster Grandparents Program*
Preschool & Head Start
After School
No Adult Education
ENVIRONMENTAL STEWARDSHIP

Matters regarding energy and water efficiency, renewable energy use, at-risk ecosystems, and behavioral change leading to increased efficiency

Improving Public Lands or Habitats
Citizen training to decrease energy and water consumption
Improving at-risk ecosystems
Clean-up and recycling activities
Water quality monitoring
HEALTHY FUTURES

Addresses unmet health needs, including access to health care, increasing physical activity and improving nutrition in youth, and increasing seniors’ ability to remain in their own homes

Homebound Seniors & Disabled Individuals
Senior Companions Program, Meals on Wheels, Telephone Assurance Program, VisionCorps

Reducing Childhood Obesity & Increased Access to Nutritious Food
Fresh Produce Co-op, Noon Meals for Needy, Food Banks

Increasing Access to Health Care
APPRISE Counseling, Health Education, Language Translation at Clinics
National Service Focus Areas

VETERANS & MILITARY FAMILIES

Addresses unmet needs of veterans, members of the armed forces, and family members of deployed military personnel

Supporting Veterans & Military Families

- VA Medical Center
- Yellow Ribbon Events
- Veterans Court Mentor Programs
- Employment Services for Veterans (e.g., CareerLink)
  e.g., Foster Grandparents Program - veteran volunteers served
RSVP Volunteer Benefits & Supports

- Improves Physical and Mental Health
- Unemployed more likely to land a job than non-volunteer
- Serve in a job that matches one’s availability, talents, and interests
- Assistance with Clearances where such are required
- Free Excess Liability, Auto, Accident Insurance
- Free Training for Specific Roles, Like Tutors
- Recognition & Appreciation Events
- Transportation Reimbursement, if needed
  - Includes mileage of 26 cents/mile, bus fare, taxis, and parking
RSVP Station Criteria

- 501(C)(3) non-profit
  - School
- Non-federal Government Agency (VA Excepted)
  - Faith-based Organization
- Proprietary Health Care Facility (e.g., non-corporate private nursing home)